

CONSULTATION FORM

It is important that your therapist has a full understanding of any pre-existing medical conditions, injuries or recent surgery. For this reason, the questions on this form should be answered thoroughly. You should not knowingly omit any information that may affect your health or safety during your treatment.

Personal Details: Any information provided on this form will be treated as confidential.

Name:.....
Address:.....
Post Code:
Tel:
Date of Birth:
Email:
Would you like to join the mailing list? Y /N
Occupation:
How did you hear about us?.....
Have you had Holistic Therapies before? Y / N. If YES, what experience do you have?.....
What do you hope to gain from your treatment?.....

Emergency Contact: Who should we call in the event of an emergency?

Contact Name:.....
Relationship:
Mobile number:

General Health: Do you have any medical conditions? Please provide details.

Arthritis / Osteoporosis / High BP / Low BP / Epilepsy / Pregnancy / Recent surgery/ Other:
.....
.....
.....
.....

Physical Injury's / Disabilities / Ailments: Are there any areas of concern with your body?

.....
.....
.....
.....

RELEASE & WAIVER OF LIABILITY: Please read carefully

Please tick✓, to confirm that you have read the information sheet & GDPR Policy:

Name (CAPITALS):

Signature:

Date:

HOW TO PREPARE

It is advisable not to eat a heavy meal before attending your treatment. As a guideline, allow 2hrs after a light snack, or 4hrs after a heavy meal. Drink plenty of water, come hydrated! Switch off electronic devices; anything that dings, rings or buzzes should be SWITCHED OFF during treatment.

PUNCTUALITY

Please aim to arrive 5-10 minutes before the treatment starts, if having a mobile treatment in your own home or workplace I shall arrive 5-10 minutes before the treatment starts to set up.

INJURIES AND CONTRAINDICATIONS

If you have any medical concerns, are suffering with an injury or medical condition, it is imperative that you seek advice from your GP or healthcare practitioner BEFORE attending a

Therapist; Angela Kimberley

Website; <http://www.home-holistics.com>

Email; angela.kimberley3@virginmedia.com

Contact; 07887818028

treatment. If you have an injury or illness, there may be some therapies or essential oils that need to be avoided. Please seek advice from your therapist before the treatment. It is your responsibility to notify the therapist of any injuries (new or ongoing) before every treatment.

BOOKINGS & CANCELLATIONS

PAYMENT

Payment will be collected before the therapy starts. Cash payment or bank transfer only please, (card payment will be available soon). You may wish to take advantage of the savings available by purchasing 3 treatments for £100 , please contact Angela for further details 07887818028 or angela.kimberley3@virginmedia.com

GENERAL DATA PROTECTION REGULATION (GDPR) POLICY

General Data Protection Regulation (GDPR)

When you make contact, seeking an appointment or general information (via telephone, or email) your details may be stored electronically for a short period of time while your enquiry is being handled.

We will not keep or store your personal details unless we are legally required to do so (if you become a client/ customer).

We will not use your data to advertise products or services, and your details will never knowingly be passed onto a third party.

If you would like more information on how your data is stored or, you would like your personal details deleted, then please contact Angela Kimberley.